

RUSENSKO HORO  
(Bulgaria)

This dance comes from the region of Rousse', a major town on the Danube River in Northeast Bulgaria. The dances from this region and other communities along the Danube River (in Bulgarian, "Dunav") are often referred to as "Krajdunavsko" and reflect a strong Romanian influence. This arrangement is based on traditional steps and movements learned by Yves Moreau in Bulgaria from various sources.

Pronunciation: ROO-sen-skoh hoh-ROH

Cassette: YM-UOP-89 2/4 meter

Formation: Open circle or line, L hand resting on R shldr of left-hand neighbour (bent elbow), R hand free, stretched slightly fwd, fingers closed, palm of hand inward. Face ctr, wt on L ft.

Style: Posture erect. Sharp movements, small steps, Romanian style.

MeasPattern

No intro. Start dance with music.

1. Travel step with stamps

1 Facing ctr, heavy stamping-step to R, R hand moves up sharply (ct 1); close L to R with marked flexion of L knee, picking up R knee sharply (ct 2).

2-14 Repeat meas 1 thirteen times.

15 Two sharp heavy steps in place R,L, both arms stretch fwd and down at sides (cts 1,2).

16 Sharp heavy step on R in place (ct 1); hold (ct 2).
2. Travel step with "scuffs"

1 Facing R of ctr, step on R fwd (ct 1); sharp "scuff" with L heel fwd next to R (ct 2).

2-12 Repeat meas 1 with alternating ftwk.

13 Turning to face ctr, hop on L (ct 1); step on R to R (ct 2).

14 Step on L behind R (ct 1); step on R next to L (ct 2).

15 Still facing ctr, hop on R (ct 1); step slightly to L on L (ct 2).

16 Sharp stamp with R next to L, no wt (ct 1); hold (ct 2).
3. Right and Left travel step

1 Facing ctr, step on R to R (ct 1); step on L behind R with marked flexion of L knee and sharply picking up R knee (ct 2).

2-3 Repeat meas 1 twice.

4 Sharp leap on R sdwd R, simultaneously picking up L knee in front of R leg (ct 1); hold (ct 2).

5-8 Repeat meas 1-4 with reverse direction and ftwk.

9-16 Repeat meas 1-8.

RUSENSKO HORO (Cont'd)4. Scissor-steps in place

- 1 Facing ctr, small sharp lift on L (ct 1); step on R next to L (ct 2).  
 2 Same as in meas 1 with opp ftwk but end with R ft extended slightly fwd.  
 3 Sharp transfer of wt from L to R, simultaneously extending L ft fwd close to floor, knees slightly bent (ct 1); sharp transfer of wt from R to L, simultaneously extending R ft fwd close to floor, knees slightly bent (ct 2).  
 4 Repeat meas 3.  
 5 Hop on L in place (ct 1); step on R to R (ct 2).  
 6 Cross on L in front of R (ct 1); step on R in place (ct 2).  
 7 Hop on R in place (ct 1); step on L next to R (ct 2).  
 8 Sharp stamp on R next to L, no wt (ct 1); pause (ct 2).  
 9-16 Repeat meas 1-8.

5. Forward and back

- 1 Facing ctr, step fwd onto R (ct 1); "scuff" with L heel next to R (ct 2).  
 2 Still moving fwd, repeat meas 1 with opp ftwk.  
 3 Repeat meas 1.  
 4 Sharp jump onto both ft together (ct 1); pause (ct 2).  
 5-8 Repeat Fig 4, meas 5-8.  
 9-12 Four "reeling" hop-steps moving back away from ctr (starting with hop on L)  
 13-16 Repeat meas 5-8.

6. Fast scissors in place

- 1 Hop on L in place, simultaneously kicking R slightly fwd (ct 1); step on R in place (ct 2).  
 2 Step onto L in place (ct 1); pause (ct 2).  
 3-4 Repeat meas 1-2.  
 5 Hop on L in place, sending R ft fwd (ct 1); step on R sending L fwd (this is a "scissor motion").  
 6-7 Do two "scissor-steps" L,R-L,R.  
 8 Start "scissor" movement onto L (ct 1); hold (ct 2).  
 9-16 Repeat meas 1-8.  
 17-24 Repeat meas 5-8 two more times.  
 25-28 Repeat meas 1-4.  
 29 Hop on L (ct 1); step sharply on R next to L (ct 2).  
 30 Step on L in place (ct 1); step on R next to L (ct 2).  
 31 Step on L in place (ct 1); hold (ct 2).  
 32 Stamp with R, no wt, next to L (ct 1); pause (ct 2).

Repeat dance from beginning.

Description by Yves Moreau

Presented by Yves Moreau